

THE LANDING POST

A Newsletter designed to inform our growing school community of
Anne Hamersley Primary School

ROD W. SIMEONS - PRINCIPAL

Volume 4—Issue 15



Friday 20 September	Interschool Athletics Carnival
Thursday 26 September	Assembly hosted by C2 and C4 Jump Jam Demonstration
Friday 27 September	School Inter house Athletics carnival
Friday 27 September	Students last day of term 3
Monday 14 October	SCHOOL CLOSED Staff development day
Tuesday 15 October	Term 4 STUDENTS RETURN

Dear Parents, Guardians and Friends,

INTER SCHOOL ATHLETICS CARNIVAL

The AHPS Athletics team will represent our school at the annual Interschool Athletics Carnival on Friday 20 September 2019. The carnival will be held at Coolamon Oval, Ellenbrook. Students will be transported by bus and will depart from school at 8:45 am. Events are scheduled to start at Coolamon Oval at 9:15 am.

Over the last few years, our results have shown consistent improvement as the school numbers have steadily increased. We wish all our athletes the best of luck on the day.

All parents and friends are welcome to attend the carnival on Friday.

SCHOOL INTER HOUSE ATHLETICS CARNIVAL

The Inter House Carnival will be held on Friday, 27 September 2019. It promises to be an exciting day, and is well supported by our P&C Association. As usual, provision has been made to cater for snacks and drinks throughout the day. A sausage sizzle, together with a variety of other foods, will be on sale. Please support our P&C in their quest to raise funds for our school.

On your arrival, look out for the designated areas set out for spectators' seating. We are expecting an increase in attendance. In order to be well organised and ensure the events run smoothly, we do request that spectators remain within the designated areas provided. Students will be allowed to join their family members to enjoy lunch together on the oval at lunch time.

MATERNITY LEAVE

It is with great happiness we announce that Mrs Claire Armstrong will be going on maternity leave on Friday 27 September. Although Mrs Armstrong will be dearly missed by our students and staff during her time away, we do wish the Armstrongs the best of times with their new addition to their family of three. May the little one bring you every joy and much happiness!



REMINDER: EARLY CLOSE EVERY WEDNESDAY AT 2.30PM

www.annehamersleyps.wa.edu.au

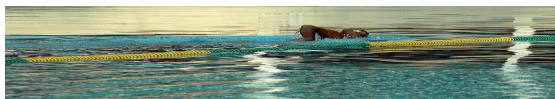




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SWIMMING



Congratulations to all of the students in Years 1-6 who participated in our swimming lessons, which were held at Swan Active Beechboro. It was a very busy fortnight, but much enjoyed by all who attended. Our feedback from both the pool staff and bus drivers was that students from Anne Hamersley have wonderful manners and were very well behaved. Bravo! Please be aware that we have had a large amount of lost property placed in the box in the undercover area. If you are missing any items of clothing, please go and check it out.

Our pre-primary students are attending swimming lessons with Orelia 1 & 6 in weeks 7 & 8 of next term. I'm sure they are looking forward to the warmer weather.

FORWARD PLANNING FOR 2020

Planning has already commenced on possible class structures and new teacher appointments for 2020. As you can appreciate, predicting student numbers is difficult and not ideal. You can assist by visiting in person, emailing or calling the school to inform us if you will not be returning to AHPS in 2020. Your assistance in the matter is greatly appreciated.

Best Wishes

MR R GUY
ACTING PRINCIPAL

Starts Tues
15th October

**Pre-Kindy
Program**

◆ Make new friends
◆ Play and Learn in an outdoor classroom

Every Tuesday

RSVP by 26/09/19

Call now to book 9297 7000

Mrs Griffin and Miss O'Brien will run one hour sessions for children and parents who are fully enrolled at **AHPS 2020** Kindergarten.

There is a choice of 4 sessions. 8.45, 10.15am, 11.30am & 1.30pm. Limited places available.

Behind Amity 1

STUDENT PASSPORT PROGRAM

Congratulations to the following students who completed their Passports and earned their High Achiever Badges:

Kylie Raath	Shakaylah Manantan-Garnier	Mia Corley	Avah-Rae Rameka
Victoria Andrade	Caleb Abrahams	Tahnee Neesham	Oliver Kemenade
Annabel Cornelissen	Tellan McDonough	Cruz Morgan	Olivia Amato



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P&C ASSOCIATION INC.

SCHOOL COMMUNITY NEWS

Updates from your P&C Association

2019 Anne Hamersley Primary School P&C Committee

Updates from your P&C

Athletics Carnival next Friday 27th September!!



Call out to all bakers!!!

If you are able to donate a slice, biscuit, cupcakes or treat to the **Cake Stall** it would be greatly appreciated! Please bring cake on a disposable plate to the P&C tent outside the Calista Block on the day of the carnival. The students always enjoy the cake stall on carnival day!!

Still time to get students Sausage Sizzle Forms back. Please drop forms off with the correct money to the office before Wednesday 25th September. There are order forms in the front office if you need one.



The P&C is excited to announce that there will be a

Filipino BBQ Stall

at the carnival this year!!!

The BBQ Stall will be cooking beautiful Chicken and Pork skewers as well as Chicken Spring Rolls. This is a CASH only stall.

Can you spare an hour or so to help out at the P&C Stall? It is a very busy day and help is always appreciated (especially before lunch) as we need to deliver student sausage sizzle to classes. We have set up an online sign up roster with time slots for help if you could log onto the below link and put in when you are free to help or say Hi at the P&C tent on the day.

https://signup.com/client/invitation2/secure/2927052/false?fbclid=IwAR38FCN4xSO62-cyJQss1vY0nrLrUFOAJZQMOeUkxYnmWTMjbyVSYgg_Y#/invitation



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P&C ASSOCIATION INC.

SCHOOL COMMUNITY NEWS

Updates from your P&C Association

2019 Anne Hamersley Primary School P&C Committee



School Banking

A reminder that **School Banking** is on every Tuesday in the Library from 8:20am. Pop in and see Jen & Jo if you would like to join your child up for the Commonwealth School Banking Program.

Icy Pole Friday

Icy Pole Friday is every FRIDAY!

Available for all year groups, \$1 Icy Poles and \$1 Juice Boxes. At lunchtime from the canteen.



REQUEST FOR NEW MEMBERS WE NEED YOU!



The P&C are looking at running some exciting new events in the coming months, BUT we need your HELP!!! We need your new ideas and suggestions, if you would like to see something different within the P&C let us know.

NEXT P&C MEETING

The next P&C meeting will be held on the **Tuesday 26th November 2019** at **3:10pm** in the school library.

Many hands make light work, together we can achieve anything!!

To stay up to date with events and requests for volunteers or to contact us at any time, please visit and like our Facebook page <https://www.facebook.com/Anne-Hamersley-Primary-School-PC-Association-Inc-1558093001148025/> or send us an email at AHPS_pandc@hotmail.com



MATHS MANIA

Let's Play Store

Grades K-5

What you'll need

Empty containers (cartons or boxes), old magazines, books, newspapers, calculator, pencil or crayon, and paper

What to do

1. Help your child collect empty containers so that you can play as if you were shopping at the grocery store. Gather the items and put them on a table.
2. Help your child think of a price for each item. Mark the prices on the containers. You can even mark some items on sale.
3. Pretend to be the customer while your child is the cashier.
4. Teach your child the difference between the math symbols (+, -, \div , \times , and =) and how they are used when using the calculator. Help your child add the prices of each item on the calculator and total the amount using the (=) symbol. Have your child write the total on a piece of paper, which will be your receipt.
5. While you and your child play store, you can ask questions like how much would it cost to buy three cartons of eggs? How much does 1 box of soap cost, if they are 2 for \$5.00? How much is my bill, if I don't buy the cereal? How much more will it cost if I buy this magazine? Have your child estimate the amounts of the items you are buying. Check to see if the estimation is correct on the calculator.



Parent Pointer



Learning to use the calculator will help your child understand and apply estimation and reasoning skills, as well as learn addition, subtraction, division, and multiplication.

MRS SALOMON

ACTING DEPUTY PRINCIPAL



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Emotion Coaching Your Child

Raising our children should be one of life's greatest experiences, but as every parent knows it can often be overwhelming.

Research indicates that developing the emotional competence of your child provides a 'secure' pathway to the development of Emotional Intelligence (E.Q. - believed to be a better predictor of success than Intelligence (I.Q.).

This workshop is designed to introduce you to the art of Emotion Coaching which helps parents to be supportive of their child's emotional world and to value emotional connection and intimacy.

Participants will learn how to:

- Understand the different styles of parenting
- Communicate with their child more effectively
- Help their child identify and understand their emotions
- Soothe and guide their child through their 'difficult' emotions
- Understand the contribution of their own emotional world to their parenting

Where: MIDLAND - 27 The Crescent
When: Tuesday 10 September
Time: 6.30pm - 9.00pm Cost: \$30

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click [here](#) or visit www.relationshipswa.org.au

Relationships Australia.



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Department of
Education

GOVERNMENT OF
WESTERN AUSTRALIA

Public education
A world of opportunities



Parents stay positive

with Triple P – Positive Parenting Program

Our free two hour seminars can help you:

- raise happy, confident children
- manage children's behaviour so everyone enjoys life more
- increase your child's resilience and confidence
- balance work and family with less stress.

Seminar 1

The Power of Positive
Parenting

Date Monday 4 November
Time 9am – 11am
Venue Anne Hamersley PS

Seminar 2

Raising Confident
Competent Children

Date Monday 11 November
Time 9am – 11am
Venue Anne Hamersley PS

Seminar 3

Raising Resilient
Children

Date Monday 18 November
Time 9am – 11am
Venue Anne Hamersley PS

Seminars are for parents/carers of children from about two to eight years of age. Each two hour seminar includes a presentation, tip sheet, discussion and question time.

To register please visit

www.triplep-parenting.net.au/wa

(click FIND A SESSION to search for this program)

Or call Anne Hamersley PS on
9297 7000





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Triple P – Positive Parenting Program®

Homework Habits

By Professor Matt Sanders



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4. The columns should be published one at a time and not in groups within the same hardcopy newspaper, magazine or newsletter. They may not appear under a common blog category or tab online.

Homework Habits

By Professor Matt Sanders

Homework is an accepted part of every child's schooling. However, it doesn't have to become a family battle. The key is for parents and children to be prepared.

Your child should have a set, regular time for homework that fits in around your schedule and your child's other commitments such as sport or music lessons.

Homework should come at a time after your child has had a chance to relax after arriving home and before they are allowed to play or watch television.

Relaxing immediately after school is as important for children as it is for adults who want to wind down after coming home from work. Give your child an afternoon snack and use that time to find out what their homework tasks are, whether they need any special materials for projects, and when it needs to be ready.

While children don't have to have absolute quiet when working, they should have a homework area that has clear table space, is well lit, and is free from obvious distractions (like the television).

If your child wants your opinion on how good their homework is don't feel that you have to make sure the work is perfect before they hand it in. They may feel discouraged if you point out all the spelling and punctuation mistakes. Instead, say something positive about the work and, if you must make corrections, just choose one or two mistakes.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to www.triplep-parenting.net or (INSERT LOCAL CONTACT DETAILS/INFORMATION HERE).

www.triplep-parenting.net

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COMMUNITY NEWS

YOUR COMMUNITY



Volunteer Community Representative

Do you live in Ellenbrook, Aveyley or surrounds and interested in what is happening in your community? Would you like the opportunity to be part of the decision making process?

The City of Swan is currently seeking nominations for positive and motivated community representatives for the Ellenbrook Community Advisory Group (ECAG) and Aveyley Community Advisory Group (ACAG).

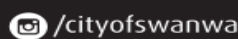
The advisory groups make recommendations regarding funding of both community infrastructure and community development programs in Ellenbrook, Aveyley and surrounds based on an understanding of local community issues and priorities.

Applications must be received by 5pm on Friday, September 27, 2019.

For more information or to apply for the position, please complete the nomination form located on the City's website or contact Evan Hillman on **9207 8579**, or by email cdellenbrook@swan.wa.gov.au



www.swan.wa.gov.au



FAIR GAME & THE CITY OF SWAN
INVITE YOU BACK TO THE

FREE Weekly Multi Sport Program

SESSIONS ON TUESDAYS WITH TIMES AND AGES
3:30 PM – 4:30 PM U11's
4:30 PM – 5:30 PM 12+

DATES AUGUST 13, 20, 27 AND SEPT 3 & 10

@ PICKETT PARK - MAROUBRA AVE, BULLSBROOK
(BULLSEYE YOUTH CENTRE OPEN)

START THE WEEK THE RIGHT WAY BY BEING ACTIVE!
All levels of are welcome, no need to book, with water provided.



Enquiries:
Paul Goodley
0427 163 317



FAIR GAME & THE CITY OF SWAN
INVITE YOU BACK TO THE

FREE Weekly Multi Sport Program

SESSIONS ON MONDAYS WITH TIMES AND AGES
3:30 PM – 4:30 PM U11's
4:30 PM – 5:30 PM 12+

DATES AUGUST 12, 19, 26 AND SEPT 2 & 9

@ COOLAMON OVAL – BONNEY LANE, ELLENBROOK
(COOLROOM YOUTH CENTRE OPEN 5 PM – 8 PM)

START THE WEEK THE RIGHT WAY BY BEING ACTIVE!
All levels of are welcome, no need to book, with water provided.



Enquiries:
Evan Hillman
0448 879 568





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COMMUNITY NEWS



There is no greater bond than your family.

But it's all too easy in this busy world for family links to be strained. Work, school, stress, pressure, expectations, illness and technology can make family life tricky and it's normal to feel overwhelmed by this.

Family LINK is a free 5-week program for families in the City of Swan to come together once a week, share a meal and have our team teach you tips and tricks to help your family to talk to each other, bring you closer as a family and deal with issues that cause family feuds.

When	Wednesday evenings 16 October - 13 November 5.30pm - 7.30pm Dinner provided	When	Wednesday evenings 20 November - 18 December 5.30pm - 7.30pm Dinner provided
Where	HelpingMinds Office 1A Sayer St, Midland	Where	The Cool Room, Coolamon Oval Bonney Lane, Ellenbrook

Register online helpingminds.org.au/events

For more info (08) 9427 7100 info@helpingminds.org.au



helpingminds.org.au



CAMP AUSTRALIA
SCHOOL HOLIDAYS

BOOK NOW* TO WIN
A FAMILY TRIP TO THE GOLD COAST THEME PARKS
(Valued at up to \$6,600)

OVER 230 LOCATIONS AUSTRALIA-WIDE – ALL AVAILABLE TO YOU!

Every child is unique, as are each of our Holiday Club service programs. You can access any of our 230+ services across Australia. Pick a service close to home, work or maybe at your holiday destination – the choice is yours!

This season, we've got a full & varied program of educational, fun and adventurous activities. We've got Excursions; like *Movie Madness*. There's Activity Incursions; like *Gamergirl & Gadgetboy*. Maybe External Incursions; like *Operation: Rescue*. Or get creative with our Club Based Days, where the program is created by you!



Book now. To find out when these activities are on during the school holidays and join in the fun, visit: www.campaustralia.com.au/holidayclubs.

Plus, every attended booking gets an entry into our competition. Your family could be on your way to the sunny Gold Coast. See our website for more info.

We look forward to seeing you at **Superhero School Holidays**.

The Camp Australia Team

Conditions apply, see <https://www.campaustralia.com.au/promotion/terms-and-conditions>. AU res 18+. Starts: 8/8/18. Ends: 11/5/18. AEDST 20/10/18. 1 entry per person per club booked. Child must attend session for entry to be valid. Draw: 30 Elite Plaza, 110 Central Coast Hwy, Erina NSW 2220 at 10am AEDST on 11/10/18. Winner: www.campaustralia.com.au/terms-and-conditions. In the advertisement for any (a) winners on 20/10/18. Prizes: 1x trip for 2 adults & 2 children (12yrs & under) to Coolangubra. QLD valued at \$6,600; & 6x \$500 travel vouchers. Promoter: Camp Australia Pty Ltd (ABN 96 060 703 120) of 1751 Mervin Rd, Glen Iris, VIC, 3146. Permits: NSW: LTPS/18/36128 ACT: TP18/03714 SA: T18/1121.

To find locations near you and to book, visit www.campaustralia.com.au/holidayclubs

Maritime Day

Fremantle Port / Saturday 2 November / 10am - 4pm

2019

Enjoy an action-packed day with friends and family!
FREE ENTRY

Come down to Victoria Quay for more than 90 displays

- Board a tug or emergency response vessel
- Free harbour rides
- Border Force protection dog
- RAN clearance dive team
- Kids! Dress up as a mermaid, pirate or fish and join our dress-up parade
- Free face painting
- Jesse the Pirate
- Learn to use your smartphone as a microscope to discover tiny sea creatures
- Visit the WA Maritime Museum (gold coin entry)
- Historic and modern photography display
- Musical entertainment and more!

Celebrate the maritime industry in our working port. Learn about exciting careers and maritime education opportunities.

More information:
Jane Edwards
9430 3373
Jane.Edwards@fremantleports.com.au
<https://www.facebook.com/FreoPorts/>





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COMMUNITY NEWS



FREE October School Holiday Programs with HelpingMinds



Do you know a student supporting a family member or friend living with mental health challenges or is at risk of developing mental ill-health?

[HelpingMinds](#) is a not for profit mental health organisation that offers free school holiday programs for young people. Our programs are designed to be fun and interactive for participants, as we equip them with the tools they need to better deal with the challenges of every day life.

We have a variety of programs in the October schools holidays designed for children who are at risk of developing a mental health issue or supporting a family member or friend with mental health challenges.

Click on the workshop in your area to find out more or to download a flyer.

- [Bibra Lake](#) - Ages 8-12
- [North Beach](#) - Ages 8-12 and 13-17
- [Midland](#) - Ages 8-11 and 12-15
- [Ellenbrook](#) - Ages 8-11 and 12-15
- [Thornlie](#) - Ages 8-11 and 12-15

Places are limited and bookings are essential.

To register, or for more information, visit our [website](#) or call us on 9427 7100.

Edmund Rice
Multisports Program

SPORT AUS
HOW IT ALL BEGINS WITH EDUCATION

Sports include:
Soccer & Basketball

Thursdays 3:30 - 5 pm
from 22nd of August

Who: Boys and Girls aged 5 - 18+ years
Where: Oval & Courts
Anne Hamersley Primary School
16 Dunnett Drive, The Vines
When: Thursdays 3:30 - 5:00 pm

For more information, call the Edmund Rice Centre on **08 9349 9660** or email Daniel at daniel@ercwa.org.au or Jess at jess@ercwa.org.au

FREE
REAPING OUR CHANGING LIVES
Edmund Rice
CENTRE WA
www.ercwa.org.au

Edmund Rice Centre WA | @erc_wa | #ercwa

